



# Chocolate PB Protein

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## **CHOCOLATE PROTEIN SMOOTHIE**

- 10 Chocolate PB Protein Cubes
- 1 TBS of Peanut Butter
- 1-1/4 Cup of Plant Based Milk
- Blend for 10-15 Seconds

## **SHAKE & GO SMOOTHIE**

- 10 Chocolate PB Cubes
- 1 Cup of Plant Based Milk
- Sit in Mason Jar for 15 Minutes - 1 Hour
- Shake and Drink!

## **CHOCOLATE PB NICE-CREAM**

- 10 Chocolate PB Protein Cubes
- 1/4 Cup of Plant Based Milk
- 1 Frozen Banana
- Blend About 25 Seconds Until Super Thick (Will Need A Blender with Tamper or High Powered Blender for This)
- Top with Shaved Coconut & Granola

## **SUPERFOOD MASON JAR OATS**

- 5 Chocolate PB Protein Cubes
- 1/2 Cup Organic Oats
- 2/3 Cup of Plant Based Milk
- Let Sit for 1 Hour + or Prep Before
- Top with Berries, Granola & Honey
- Scoop with a Spoon and Enjoy!

## **CHOCOLATE RASPBERRY SMOOTHIE BOWL**

- 7 Chocolate PB Protein Cubes
- 7 Pitaya Protein Cubes
- 1/2 Cup of Plant Based Milk
- Top with Berries, Live Pure Granola & Peanut Butter Drizzle

## **SKINNY MYLK**

- 5 Chocolate PB Protein Cubes
- 1 Cup of Plant Based Milk
- Blend for 10-15 Seconds