



## *Acai Maqui - Tropical Boost*

### **POST WORK OUT SMOOTHIE**

- 6 Acai Maqui Cubes
- 6 Chocolate PB Protein PB Cubes
- 1-1/4 Cup of Plant Based Milk
- Blend for 10-15 Seconds

### **SHAKE & GO SMOOTHIE**

- 10 Acai Maqui Cubes
- 1 Cup of Plant Based Milk
- Sit in Mason Jar for 15 Minutes - 1 Hour
- Shake and Drink!

### **TROPICAL ACAI SMOOTHIE BOWL**

- 7 Acai Maqui Cubes
- 7 Strawberry Acai Cubes
- 1/2 Cup. of Plant Based Milk
- Blend for 20 Seconds
- Scoop into Bowl and Top with Live Pure Granola, Sliced 1/2 Banana, Peanut Butter and Honey Drizzle.

### **SUPERFOOD MASON JAR OATS**

- 5 Acai Maqui Cubes
- 1/2 Cup Organic Oats
- 2/3 Cup of Plant Based Milk
- Let Sit for 1 Hour + or Prep Before
- Top with Berries, Granola & Honey
- Scoop with a Spoon and Enjoy!

### **SUPERFOOD ACAI MAQUI GELATO**

- 20 Acai Maqui Cubes
- 1/2 Cup of Full Fat Coconut Milk
- Blend About 25 Seconds Until Super Thick (Will Need A Blender with Tamper or High Powered Blender for This)
- Top with Shaved Coconut & Fresh Berries

### **SKINNY MYLK**

- 5 Acai Maqui Cubes
- 1 Cup of Coconut Milk
- Blend for 10-15 Seconds